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**TITLE:** Trios Health Reproductive Health Policy

**Implementation Date:** 03/2014  
**Revised Date:**  
**Readopted by RCCH Trios Health, LLC:** 8/18

**APPROVED:**  
**(Signed) Signature on File**  
**(Typed) John Solheim, CEO**  
**Date: 08/2018**

**Reviewed by:**

**Date:**

**I. PURPOSE STATEMENT**

To provide a guideline on which reproductive services are provided at Trios Health.

**II. POLICY and/or PROCEDURE STATEMENT**

A. Trios Health provides a service for the care of patients who need Obstetrical and Gynecological care. All patients will receive care based upon their individual needs.

B. Services provided include the following, but is not limited to;

1. Routine and high-risk obstetrical care
2. In-patient obstetrical care
3. Vaginal birth
4. Cesarean birth
5. Hormone replacement therapy
6. Vaginal reparative surgery
7. Incontinence procedures
8. Laparoscopic surgery
9. General and adolescent gynecological care
10. Natural and traditional menopausal care
11. Annual Exams
12. Preconception counseling
13. Contraception Counseling
14. Infertility



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- 15. Management of Premenstrual Syndrome (PMS) and Premenstrual Dysphoric Disorder (MPDD)
  - 16. Sexually Transmitted Disease (STD) screening and treatment
  - 17. BRCA genetic testing (BRCA1 and BRCA2 assesses if a woman has an increased risk of developing breast and ovarian cancer)
  - 18. COLARIS genetic testing (assesses a woman's risk of developing hereditary uterine cancer)
  - 19. Termination of pregnancy
- C. As per RCW 9.02.150, Trios Health does not mandate that any provider or staff member participate in the termination of a pregnancy. Only those providers and staff who are willing and desire to participate should do so. If an employee does not want to participate in the act, he or she must follow the process outlined in the Trios Health Employee Handbook, Care that Conflicts with Values.

### **III. IMPLEMENTATION AND TRAINING PLAN**

- A. New and revised policies will be sent via email to all employees with an email address. Each department manager will ensure that those employees without a Trios Health email address are notified of new and revised policies that are pertinent to their position.
- B. Employees will be shown how to access policies on the Trios Health policy site during the orientation process.

### **IV. REFERENCE SECTION**

- A. References: Washington State Hospital Association, RCW 9.02.150, RCW 9.02.100, RCW 9.02.160
- B. Distribution: Trios Health – organization wide
- C. Supersedes: NEW
- D. Prepared/Updated by: Tammy Barnes RN, TMG Quality Improvement Coordinator
- E. Reviewed by: Policy and Procedure
- F. Approved by: Diane Sanders CNO
- G. Joint Commission Standard: N/A